

JUMP-START!

LETTER TO PARENTS/GUARDIANS WEEK 5: HELP OTHERS

Dear Parents/Guardians:

As part of JUMP-START! this week, our school is focusing on *helping others*. Helping others lets people know that they are not alone or powerless. By helping others, we help prevent feelings of loneliness, frustration, and isolation. By helping others, we are acting unselfishly and giving our assistance and care to people.

Please encourage your child to help others at school and at home. Please encourage your child to be perceptive enough and brave enough to ask, "What can I do to help you?"

Fun Family Tips:

- ⊙ For a change this week, let each of your children pick the chore he/she dislikes the most and get one of his/her siblings to help do it. Each child may pick only one chore. Reward your children for their positive attitudes and hard work.
- ⊙ As a family, help someone in need by making a meal and delivering it to him/her. Or help someone in need with some chores around the house. Talk with your children about the importance of helping others. Praise your children when they help others.

Have a great week!

